



Website: <http://www.mahonebayquiltersguild.com/>

Email: mahonebayqg@gmail.com

Flickr: <https://www.flickr.com/people/mbqg/>

Here's a little about our Treasurer, Heather Rafuse, in her own words:

It is hard to believe but I disliked sewing in High School. I got in trouble with my Home Economics teacher for not showing up at sewing classes. I enjoyed embroidery and knitting and did that from a young age. I did sew, but it was mainly for clothing or home decoration.

I enjoyed cross stitch for many years before I discovered quilting. I made my first quilts in the 90's but wasn't really passionate about making quilts until around 2010.

I have been a member of the Mahone Bay Quilt Guild for 3 years.

I have a husband, a cat, two daughters and three grandsons.

I am retired from the Small Business Advisor position with Scotiabank with over 20 years of service.

Executive Members

President – Pam Wells –

pammied01@gmail.com or 902-527-2819

Vice President – Alicia Anderson –

aliciaanderson101@hotmail.com or 902-579-7097

Treasurer – Heather Rafuse

wrafuse1@eastlink.ca or 902-543-7410

Secretary – Sandy Emenau

mbgsecretary@gmail.com or 902-543-0404

Communications – Barb Robson –

robsonbh@eastlink.ca or 902-531-2745

Membership – Krista Garber –

mbgmembership@gmail.com – or 902-677-2867

Library – Judy Cooper – judy.ltc@live.ca or

902-527-5570

Past President – Christine Bell –

dogonit@live.com or 902-766-0202

Workshops – Chair, Heather Sanft –

hms@canada-wine.com or 902-644-2415

(Members Marjorie Skinner and Mary Gray)

Monthly Program – Sandy Emenau -

semenau@icloud.com or 902-543-0404 or

Marilyn Verburgh – mverburgh@eastlink.ca

or 902-624-0624

Newsletter – Gail Stryde

- mbggnewsletter@gmail.com or 902-624-0407

Don't Forget:

- Our meetings and workshops are **scant free**
- Make sure you wear your Name Tag
- Sew and Tell
- One fat quarter if you wish to participate in the draw.
- Questions for "Quilting Q&A"

Meeting Dates

(All meetings are held on Mondays at the Trinity United Church Hall in Mahone Bay)

February 3, 2020 - Afternoon meeting
Doors open at 12:30, meeting starts at 1:00 pm

March 2, 2020 - Afternoon meeting

Meeting Minutes

Mahone Bay Quilt Guild

January 6, 2020

Call to Order

Pam Wells called the meeting to order at 1:03 pm. She welcomed new member Tara Lynas and guest Carole Swim.

Minutes of Dec. 9, 2019

There being no errors or omissions, moved by Alicia Anderson and seconded by Donna Veinot approval of minutes. Motion carried.

Treasurer's Report

There being no questions, moved by Heather Rafuse and seconded by Peggy Abbott approval of treasurer's report. Motion carried.

Membership

Krista reported that we now have 128 members. The draw for the striped fat 1/4s was Gail Stryde.

Workshop

Our EQ this year is Mary Elizabeth Kinch. She will be offering 3 one day workshops April 23, 24, 25. Challenge kits are still available. Annette Fralic's workshop is Jan. 11. Linda Naugler's workshop in Feb. is full with a wait list. The skills day in March with Annette Fralic and Judy Cooper still have openings.

Library

Two new books in library – Modern Machine Quilting, and 365 Free Motion Quilting Designs.

Newsletter

Gail is still waiting on bios from life members. Also looking for suggestions for the "marvelous members" section. Gail had a hidden phrase in the newsletter. The winner was Mary Gray.

Cuddle Quilts

Cuddle quilt day is March 28. Christine Bell showed a few examples of simple design quilts.

Quilt Show

Things are coming along. Still need one more person for advertising, and 2 more for sales boutique. Members were encouraged to sell tickets. There will be a limit of 3 entries per member. Application forms will be sent out soon and will contain all necessary information (e.g. Sleeve size, etc). All entries will need to be submitted by the end of July.

Annette spoke about CQA challenges that are open to non CQA members. She is planning to do the postcard challenge and is looking for others to join in. The theme is nature and all postcards are to be 4"x 6". These postcards will be sold at Quilt Canada with proceeds going to Glenrose Pediatric Brain Injury Unit in Edmonton, AB.

Slow Quilting

This will resume on Monday, Jan. 13 at the Biscuit Eater.

Adjournment

Moved by Anna Davison at 1:25 pm.

Program News

Sandy Bruce will be doing a trunk show at the February meeting. I am sure she will have some inspirational pieces.

Membership News

We have a new member, Tara Lynas, who joined at the January meeting. Tara is an art quilter living in the LaHave area and she looks forward to seeing the work of other art quilters in our Guild. Welcome, Tara!

Keep in mind that you may bring a friend to TWO Guild meetings as a guest. After attending two meetings, individuals are asked to join the Guild.

Name Tags

Please remember that we encourage all members to wear name tags at Guild events. It can be of any design. If you need the pattern for the name tag with the Guild logo, please email Krista at

krisgarber@aol.com. You can also order a name tag kit, consisting of a printed label, batting, backing and a pin back, from Krista for \$5.

Fat Quarter Draw

Gail Stryde was the winner of the Fat Quarter draw of striped fabric at the January meeting.

The theme for the Fat Quarter draw at the **February** meeting will be **BATIKS**. If you wish to participate in the draw, bring only ONE fat quarter of quilting fabric to deposit at the sign-in desk. Betty Learning will be there to give you a ticket for the draw on all the fabric contributed at that meeting. Good luck!

The draw in March will be **FLANNELS**.

Workshop News

Our Extraordinary Quilter for 2020 is **Mary Elizabeth Kinch... Have you had a chance to look at the great classes on her website?** I have included pictures of the projects for each class. Here is her website, in case you want to visit, www.maryelizabethkinch.com. I understand there are spaces available for each class. We are hoping to fill all 3 classes. We have paid a lot of money to bring her to Mahone Bay. These classes are \$35.00 for members, we should take advantage of the opportunity to take one of her classes at such a reasonable price. Please don't hesitate to sign up at the February meeting. The classes will be open to the public after that meeting.

She will also be giving a Lecture/Trunk show called "**Random Acts of Quilting**" at our Tea by the Sea afternoon event. (See below for the lecture description).

The Workshops are:



Pumpkin Peel on Thursday April 23rd, 2020



Foothills Quilt on Friday April 24th, 2020



Small Pieces, Small Quilts on Saturday April 25th, 2020

Fees:

\$ 35.00 each for members

\$ 55.00 for non-members (sign up after February meeting)

Have you always wanted to take Linda Naugler's Awesome Stitching 2 Class? Here is your chance:

We only need 4 more people to add their name to the waiting list. She will teach a second class. If you are interested please email Marjorie Skinner at michaelskinner537@gmail.com as soon as possible. The cost of the day is \$35.

Remember there is a **skills day workshop** coming up on March 7th. There are still a few spaces left. The cost is \$10 for the day. The skills being offered are - Judy Cooper - free machine quilting and Annette Fralic - Paper Piecing.

Contact Marjorie at michaelskinner537@gmail.com if you are interested.

Workshop Committee: Heather Sanft, Marjorie Skinner and Mary Gray

2020 Quilt Show

Many things are starting to take place behind the scenes to prepare for the 2020 Quilt Show.

There are still opportunities to get involved in the organization of this major fund raiser for our Guild.

We hope that there are many Quilts getting finished to enter in the show and items being made that you want to sell in the Quilters Boutique. There will be a limit of three quilts that each member can enter in the show. If there is a group entry, then one member of the group must claim the entry as one of their three. There will be guidelines coming to outline items that can be put for sale in the Boutique so please stay tuned!

Included in this newsletter are instructions for adding a hanging sleeve to your quilt.

Please pick up your raffle quilt tickets if you have not already done so or pick up more if needed. There will be opportunities to help sell tickets at public locations if anyone is interested. Places and dates are being confirmed.



In the Community

Slow Quilting

We gather with our handwork at the Biscuit Eater in Mahone Bay from 2-4pm on the 2nd and 4th Monday of the month.

The upcoming dates are:
February 10 and 24

We welcome beginner quilters, new members...everyone!

During the winter months if school is cancelled Slow Quilting will be cancelled but Krista will send out a cancellation email.

Kits will be available for the Challenge Quilt fund raiser at our regular meeting. Proceeds to Christmas Daddies. Such a fun way to give to such a worthwhile cause!

There will be a Quilt Show meeting prior to our next regular meeting for all committee members. There will be an e-mail sent out next week to confirm.

If you have any questions you can contact Annette Fralic aandbf@eastlink.ca or Leigh McLean leigh.mc@bellaliant.net

Hanging your quilt at the Quilt Show

I hope that everyone in the Guild is working on quilts for our Quilt Show in September. This is our big chance to show off our work, and the show can accommodate up to 3 quilts per member. For those of you who are new to the Guild, the show is not juried, it is for everyone, whether you are a beginner or a well-seasoned quilter!

The entry form will come with next month's newsletter but in the meantime, I was asked for information about sleeves. Every quilt smaller than 8 feet in length will need a 4 inch sleeve sewn on the back, except small wall hangings which can have a 3 or 4 inch sleeve. For quilts longer than 8 feet, most will have to be displayed on the pews and will **not** need a sleeve. However, we will have room to hang a few larger quilts in the church so, if you would like your large quilt hung (quilts with a non-repeating pattern, for example), please contact cathydrummond@eastlink.ca and we will try to accommodate you.

Attached is a PDF document that provides instruction on how to attach a sleeve.

Library News

There are no new books for the library this month. Quilt Mania arrived this week # 135.

A PDF file is attached to the newsletter listing the contents of the guild's library collection. If there is a book you are particularly interested in borrowing, please let me know. I can start a list so that when a book is returned, the first name on that list gets the book. Then the following month, it goes to the next person and so on. I used this method before at another guild and it worked quite well. We can try it out in February.

So far this year, 95 books / magazines have been borrowed. There are lots of magazines in the shelves which just may spark an idea for a new project. Why not take a few of them home in February.

There still books out from last year. Please check to see if you still have a book or two at home.

Thanks, Judy

Hold the Date – The Guild Mini Retreat!

The 3rd Guild Mini Retreat is booked for May 12 to 15, 2020 at the Quarterdeck Resort and Villas. This is an unstructured quilt time for you to do any project you like. The past 2 have been wonderful, being both relaxing and productive. We've had a great mix of projects to view and always some new tip to be learned. This is open to ALL members, at all levels of quilting. No guild funds are used for this event, all attendees pay their own way in full.

Pricing, meal options and sign up date will be available at a later date. As we are booked later than in the past, the quarterdeck restaurant may be open for dinner.

Here are links to our previous retreats for your viewing.

MBQG Retreat 2019 - <https://www.mahonebayquiltersguild.com/2019/04/2nd-annual-guild-retreat-at-the-quarterdeck.html>

Flickr Album Retreat 2019 - <https://www.flickr.com/photos/mbqg/albums/72157706694781841>

Also, here is the link for the Quarterdeck <http://www.quarterdeck.ca/>

Cuddle Quilt Day

Remember that Cuddle Quilt Day is March 28th, 2020 at our meeting hall location. This Day is open to the public, so feel free to bring family and friends along. If each of us made just one Cuddle quilt, we would have over 110 quilts. So consider making at least one!! You will feel so good making this contribution!

We will be looking for people to sign up for some tasks and some to bring sewing machines, but there will also be tasks that people can just slide into.

This year we will not be doing lunch, so if you plan to be there over lunch, let's brown bag it. We will have coffee, tea to help keep you going.....

Info about Cuddle Quilt sizes - <https://www.mahonebayquiltersguild.com/cuddle-quilt-guidelines.html>

Info about preemie quilts - <https://www.mahonebayquiltersguild.com/iwk-preemie-quilts-the-story-and-guidelines.html>

Happy Cuddle Quilting,
Linda, Sandy, Marjorie and Christine

PS... I was wondering if there is a member out there who might like to quilt lap quilts more than piecing them. I love to piece but I don't love to quilt them. I was wondering if anyone wants to work as a team before the Cuddle Quilt Day. Also, I wondered if there were any long arm quilters who might like to quilt a few before March 28th.

Afternoon Tea by the Sea

Last year, the guild's annual Dessert Party, an evening social event, was changed to an **Afternoon Tea by the Sea**. Everyone enjoyed the time change with all the interesting sandwiches and sweets. The donated gifts from local sponsors, were used as prizes in a draw. The trunk show, by our visiting quilter, Elaine Quehl, was quite spectacular.

This year, the tea will be held on April 22, to coincide with our EQ – Extraordinary Quilter, Mary Elizabeth Kinch. The venue is already booked at the Mahone Bay Legion.

We need an **organizer** to look after this event. Duties will include, soliciting volunteers to help organize the activities; contacting businesses for donations; liaison between guild and venue regarding the floor set-up; table centerpieces; thank you notes etc. Full details are in the binder. Judy Cooper, last year's organizer, is available for any questions that you may have.

If you are interested, please contact Pam Wells, guild president, as soon as possible. If there are no volunteers, we will be asking at the February meeting.

Tea Tickets

Tickets for our Afternoon Tea by the Sea with guest lecture by Mary Elizabeth Kinch will go on sale at the February meeting. Save the date, Wednesday April 22. Doors will open at 1:30 pm with tea and lecture beginning at 2:00 pm. Members \$7 (along with donation of homemade sweets or sandwiches) and \$15 for non- members.

If you can't be at the Feb meeting and want to reserve tickets please email Barb Robson at robsonbh@eastlink.ca Tickets must be paid for by the April 6 meeting.

Mary Elizabeth's lecture sounds very interesting:

RANDOM ACTS OF QUILTING

An entertaining look into “real life” quilting where I reveal inspiring ideas, the lessons I have learned (some of them the hard way), and several sacrosanct rules that can, and should, be broken. Learn about the chaos theory of quilting, fabric shockers, and industry secrets – did you know fabrics can “explode”, approaches to borders and bindings, and other brilliant quilting insights.

Volunteer of Year Award

Once again it is time to choose our Guild's Volunteer of the Year which is awarded at our Annual General Meeting and potluck in June. Without our many volunteers it would be impossible for our Guild to function as we do. Many members have and continue to volunteer in various ways and it is important to recognize and show appreciation for their impact and contribution to the guild. Beginning with February's meeting a ballot box will be made available to you for your nomination. Along with the name it is strongly suggested the reason for nomination be written also.

There are many reasons to choose our Volunteer of the Year, here are a few considerations.

- What has the member contributed to the Guild?
- What difference or impact has that contribution made?
- Is what they have done unique or extraordinary?
- Tell why your nominee stands out.

Some of you may not know all that members are doing but don't hesitate to ask for input to help you make a decision on recognizing someone.

On the subject of volunteers, we are looking for a volunteer to coordinate this award. The duties would be to remind everyone to nominate a member for their outstanding contribution to the guild and to ensure the ballot box is out at meetings. If you are interesting in volunteering, please speak to any of the Members of the Executive.

Challenge Quilt

"20/20 Sew - What's your Vision"

Guild members (new and seasoned quilters) are asked to purchase a fat quarter package for \$15.00. This year there are two different kits available, pictured below. The Member then makes a little project based on the following guidelines. These projects are then donated to our silent auction and displayed at the Quilt Show in September. The monies raised are given to the Christmas Daddies organization. All the money raised stays in Lunenburg County. For more information on the organization click [here](#) . We have raised over \$2,000 in the past. It is one of the Guild's way to help the less fortunate in the community at Christmas.

Please consider purchasing a kit and put your creative talents to work. I have also included a few pictures of optical illusion quilts to help get you started. Please remember it does not have to be very detailed, it is all up to you.





Here are the guidelines:

The 2020 challenge is to create a quilt design, scene or image that has an optical illusion component using at least four of the fabrics provided, and a maximum of 2 other fabrics.

Technical Guidelines

- Enclosed are five fat quarters. All fabric is 100% cotton and has not been prewashed
- Participants **MUST** use a recognizable piece of at least four of the provided fabrics on front of the entry piece, and **MAY** add a maximum of two other fabrics of their choice (any type or colour).
- The quilted entry may be in any style (traditional, modern, art quilt) and use any construction techniques (piecing, applique, fusing, painting, printing etc.)
- Embellishments of any type (thread, beads, wool, paint, etc.) and colour are permitted
- The finished piece can be any shape, and the perimeter cannot exceed 120 inches.
- A 2 inch sleeve must be attached to the back of your entry.
- The completed challenge entry should be submitted at the regular **September 2020 guild meeting**, unless other delivery arrangements are confirmed.

Here are the fat quarter packages:



If you have any questions, please contact Heather Sanft or Alison Low, the Challenge Quilt Committee.

Marvelous Members

This new section of the Newsletter will be used to tell you about the great work our Members are doing in addition to quilting. If you know of a Member who you would like featured in the Newsletter, be sure and send it along.

I thought I would showcase Susan Lilley's recent Art Show in Port Medway and include a couple of pictures in case you did not get an opportunity to see the show. I sure wish I had of visited.

Here is her summary of the show.

My recent textile art show, Bound and Unbound, hung at The Port Grocer, a vibrant community hub in Port Medway. Just over a year ago, I was invited me to exhibit my work there. My response was cautious, as I was concerned about the combination of food and textiles, but I decided that an opportunity to show my work was worth the risk.

This, my second solo art show, was much more challenging to put together than the first. This time, I didn't have years of accumulated work to draw on. Moreover, most of my recent work was too large to fit into the café's small wall spaces. The orange walls and low café lighting added to the challenge. As a result, I had to make a dozen or so new pieces for the show.

All of these new pieces began with repurposed white cotton fabric. Inspired by the ancient Japanese art of shibori, I manipulated and bound the fabric before dyeing it, to inhibit dye penetration. The fascinating and unpredictable

patterns on the resulting fabrics were the inspiration for my new work.

The title of my show, Bound and Unbound, referred to both the dyeing process and to the "unbinding" I myself experience by relinquishing control of the outcomes in this way.

Although the show was a whole lot of work, it was also very rewarding in so many ways. If ever a similar opportunity comes your way, I encourage you to seize it!





You may remember from the December newsletter I mentioned Michele Stevens and her staff at Sailloft Ltd. were awarded the contract to complete four of the Bluenose II sails. Over the next five months, the Sailloft Team will be making the Mainsail, the Fore, the Jumbo and the Outer Jib. Here is a link to Michele's interview with CTV News.

<https://atlantic.ctvnews.ca/video?clipId=1884530>

Quilt Show Name???

I thought I would see if any member had a catchy or creative name for the Quilt Show this fall. We don't need a name as we can just call it the Mahone Bay Quilt Show but thought it would be worth a try. It can be related to fall or the year 2020. If you have any ideas, please send them along to me @ mbqgnewsletter@gmail.com or give them to me at the February meeting.

Have you ever watched a Missouri Star Quilt Company quilt video?

Here is an interesting you tube video on how the company got started:

<https://www.youtube.com/watch?v=rZu8xfTU2Uk>

Does anyone have any Fabric Scraps?

Marilyn V mentioned this great scrap buster quilt pattern from Border Creek Station <http://www.bordercreekstation.com/> at the January meeting. Here is a picture of a top I finished (a cuddle quilt) using this pattern. It is a free pattern and I have attached a copy of the pattern.



At the Meeting



Colleen Paton's Storm at Sea



A Premie quilt made by Peggy A.

Deadlines etc. for Newsletter Submissions

Thinking you might like to submit something to the Newsletter, here are the deadlines.

Saturday, February 22 nd
Saturday, March 28 th
Saturday, April 25 th
Saturday, May 23 rd