



Website: <http://www.mahonebayquiltersguild.com/>

Email: [mahonebayquilters@gmail.com](mailto:mahonebayquilters@gmail.com)

Flickr: <https://www.flickr.com/people/mbag/>

### President's Message

Is there really an end in sight to the Provincial COVID regulations???? Our March general meeting will remain on Zoom, as we had a previously booked Zoom program. Assuming no setbacks, we'll begin the transition to regular meetings late March, with a hybrid Cuddle Quilt Day.

Our last "normal" meeting was in March 2020, and we are now emerging from the pandemic with many new virtual events that I'm sure will continue. We've adapted various events to Zoom and have grown accustomed to presenters from around the globe. We also created our own new Zoom activities, most recently the UFO day, which was very well received.

March will be a busy month, featuring two programs, a two-part workshop on walking foot quilting, Cuddle Quilt Day, and a President's Challenge... along with our ongoing Zoom sessions: Slow Quilting, Open Sew, Sew Zoom and the Nautical Quilt Along. All the details you need are here in your newsletter, and you can also find dates on our calendar at [mahonebayquiltersguild.com](http://mahonebayquiltersguild.com).

As always, we will mark International Quilting Day by working on quilts for donation to local charities and hospitals. Please consider joining in to help with a premie or lap quilt.

I extend a huge and heartfelt thank you to all our members for keeping the Guild strong through the uncertainty of the past two years – now let's get back to "better than normal!"

Happy Quilting,  
Krista

### Executive Members

**President** – Krista Garber – [krisgarber@aol.com](mailto:krisgarber@aol.com) or 902-677-2867

**Vice President** – Annette Fralic – [aandbf@eastlink.ca](mailto:aandbf@eastlink.ca) or 902-624-6467

**Treasurer** – Nina Scott-Stoddart - [mbqgtreasurer@gmail.com](mailto:mbqgtreasurer@gmail.com) or 902-634-9140

**Secretary** – Peggy Abbott - [abbott@eastlink.ca](mailto:abbott@eastlink.ca) or 902-543-7653

**Communications** – Colleen Paton – [paton.colleen@gmail.com](mailto:paton.colleen@gmail.com) or 902-444-0559

**Membership** – Elizabeth Tumblin – [mbqgmembership@gmail.com](mailto:mbqgmembership@gmail.com) – or 902-543-0242

**Library** – Judy Cooper – [judy.ltc@live.ca](mailto:judy.ltc@live.ca) or 902-527-5570

**Past President** – Pamela Wells [pammied01@gmail.com](mailto:pammied01@gmail.com) or 902-527-2819

**Workshops** – Alicia Anderson [workshopsMBQG@gmail.com](mailto:workshopsMBQG@gmail.com) or 902-579-7097

**Monthly Program** – Mary Gray - [graymary007@gmail.com](mailto:graymary007@gmail.com) or 902-543-8827

**Newsletter** – Gail Stryde - [mbqgnewsletter@gmail.com](mailto:mbqgnewsletter@gmail.com) or 902-514-4105

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### Meeting Date

Our next meeting is **March 7<sup>th</sup> via Zoom**. Sign in begins at 12:30pm and meeting starts at 1:00 pm.

### Slow Quilting

We would love to have you join us on Zoom with your hand work or your sewing machine. Here are the upcoming dates:

**March 14 and March 28.**

Drop in anytime between 2 and 4pm

## Membership News

Your executive members have been putting the finishing touches on a new membership form to reflect changes we are recommending. Basically, we are asking all members to complete this new form by the end of April, prior to our membership renewal period of May/June. We want to ensure we have our membership information up to date so that renewals go smoothly. Since we also have our Quilt Show coming up in the fall, an accurate membership list will mean entry applications from members in June can be verified quickly.

There are several ways you can get and return your form.

1. Drop into any Guild in-person meeting/ function in March and April to pick up and complete the form.
2. Print the form from this newsletter and fill it out. Then you can either scan/ take a photo and email it back to [mbqgmembership@gmail.com](mailto:mbqgmembership@gmail.com)
3. Get a fellow Guild member to drop off a form to you. (We really need you to help others in our Guild, particularly our life members.) You can mail it back to:

Elizabeth Tumblin  
1161 Highway 331  
Pleasantville, N.S.  
B0R 1G0

Once we have your completed forms, then your membership renewals in May/June can be by e-transfer, cheque or cash as usual. Thank you for your cooperation.

Also, if you are turning 80 between June 1, 2022 and May 31, 2023, or if you have already reached age 80, please let me know, so you receive life member status. Thanks!

Elizabeth

## Program News

We are thrilled to have Joanna Dermenjian for the program in March. She is an independent researcher and maker of quilts. In her Zoom lecture she will share her research on quilts made by Canadian women during WWII and donated to Canadian Red Cross.

One of her resources is "Old Nova Scotian Quilts" by Scott Robson and Sharon MacDonald (1995)

Her website is [www.sutureandselvedge.com](http://www.sutureandselvedge.com)



## Bonus March Program

The Global Quilt Connection is presenting the All-Star Virtual Sampler Platter, featuring a new group of instructors, on March 19 & 20 and we have registered to attend! Each session will be recorded and may be viewed up to 24 hours following the times shown below. **A link to the online YouTube page will be e-mailed to members on March 18.** If your time is limited, we've added web site information for the speakers, so you can see their techniques anytime. And remember, if you see something you'd like to try, please contact Alicia to ask for a future workshop.

Looks like a great lineup of topics – hope you enjoy it!!

**Saturday March 19, 2022 4:00 - 7:00 pm Atlantic**

**Kim Brownell**, Artful Memories – <http://www.thewackydoodlequilter.com/teaching.html>

**Ana Buzzalino**, Acrylic Skins – [www.anabuzzalino.com](http://www.anabuzzalino.com)

**Christina Cameli**, Free Motion Blends - <https://freshquilting.com/index.php/category/christina-cameli>

**Kristin Echols**, Two-Sided Binding – <http://www.foothillquilters.org/kristinechols.html>

**Dana Jones**, Demystifying Design for Foundation Piecing - <https://www.danajonesquilts.com/>

**MJ Kinman**, Playing With Pixels - <https://mjinman.com/>

**Carolina Moore**, Cutting Machines - [www.carolinamoorepatterns.com](http://www.carolinamoorepatterns.com)

**Linda Sullivan**, Easy Wonky Piecing - <https://quiltersaffair.com/collections/linda-sullivan>

**Carol Wilhoit**, English Paper Piecing by Machine – <https://www.carolquilts.com/>

Sunday March 20, 2022 4:00 - 7:00 pm Atlantic

**Vicki Conley**, Code Breaker - [www.vicki-conley.com](http://www.vicki-conley.com)

**Michele Crawford**, Explore the World of English Paper Piecing - <https://flowerboxquilts.com/>

**Beth Helfter**, Consistency in the Chaos - <https://evapaigequilts.com/>

**Jenny K. Lyon**, Make a statement with sheer fabrics - <https://quiltskipper.com/>

**Scarlett Rose**, Scarlett's Cultural Embroidery Journey - <https://www.scarlettrose.com/>

**Lisa Shepard Stewart**, Quilted Memo Pad Cover - <https://www.cultureexpressions.com/>

**Brenda Gael Smith**, Improvise with ImproVines! - <https://www.brendagaelsmith.com/>

**Margaret Willingham**, Added Dimension - <https://www.eobquiltedesign.com/>

**Valerie Wilson**, The Eyes Have It - <https://valeriewilsonartist.com/>

## Sew & Tell

Please send a photo of your sew & tell items to Barb Robson at [robsonbh@eastlink.ca](mailto:robsonbh@eastlink.ca) no later than March 5, 2022. Please provide your name, the name of the quilt, pattern source (if applicable), special techniques or details about the making of the quilt and the name of the quilter.

Unless you specify otherwise, participation in Sew & Tell grants permission to the Guild to include your quilt in our social media posts. Here are a few pictures from last month:



*Katina's Road Trip*



*Barb's Rockin Robot*



*Sharon L's Selkie*



*Christmas Gnomes by Linda D*

## President's Challenge

*Introduction:* Recently, Elizabeth Tumblin told me of her former Inuit co-workers in Iqaluit, all of whom endured horrific hardships because of the Federal residential/day school practices. Yet, these three women went on to teach, to preserve their culture and to help others.

Around the same time, Gail Stryde asked me why our Guild had never done a President's Challenge. Well, let's do one now, by making three quilts to honour and comfort these survivors.

*Your Challenge:* To make a 16 ½ "square block (16" finished) in March or April

### *Challenge parameters:*

These guidelines are based upon, but more stringent than, those used by the Quilts for Survivors organization. Elizabeth and I have modified the parameters to reflect symbolism of northern communities.

1. Your block should be one of the following patterns (block pattern instructions for 1-3 will be provided by e-mail in early March, option 4 can be any block design you choose):

1. Bear Paw block or
  2. Rising Star block or
  3. Friendship Star variation block
  4. Flying Geese block – for those who like to be creative – any block design that incorporates flying geese units
2. Your colour palette should be limited to solids or prints in blue, orange and white. Please prewash your 100% cotton fabric (no batiks).
3. Fabric should **not** have a pattern or any symbols pertaining to schools, religious symbols, modes of travel, trees, penguins, or dogs.

### *Challenge Timeline:*

If you agree to participate, please e-mail Krista ([krisgarber@aol.com](mailto:krisgarber@aol.com)) to advise that you will be making a block. Completed blocks may be **delivered at any in-person Guild event**, or you can contact Krista or Elizabeth ([ejtumblin@gmail.com](mailto:ejtumblin@gmail.com)) to arrange pickup.

The **deadline** for submitting blocks will be the May Guild meeting (**May 2**)

Elizabeth will make pieced backings and labels for the quilts. Krista will be responsible for the quilting and binding. We hope to reveal the finished quilts at the June Annual Meeting.

Any surplus blocks we receive will be donated directly to the "Quilts for Survivors" organization.

## *More background information on our challenge:*

Baffin Island, Nunavut was very different in the 1950's than it is today. Inuit were nomadic, living in small family groups on the land. They walked and travelled by dog teams in search of food in the winters, living in igloos and qarmaq (sod houses). Parents and grandparents taught the children how to survive through modelling. Their way of life and ingenuity kept them going for thousands of years.

The Federal Government then proceeded to create fixed communities across the North. The government had the dogs killed. With their transportation destroyed, the Inuit faced starvation and so were forced into the communities. Some were relocated to areas far from where they were living. For over thirty years, the federal government knew them just as a number, on a tag they were given at birth.

Once in the communities, living conditions were poor. Access to traditional food was limited. Children were forced to go to federal day and residential schools to learn English and the Qallunaaq (non-Inuit) way of life. They were punished for speaking their language of Inuktitut or for doing anything that reflected their culture. Often the teachers gave them English names to further squash their culture. They had to endure multiple kinds of abuse. When they did reunite with their families, sometimes after months or years, the generations struggled to communicate and retain their cultural ways. Going from living with a small family group to living so far away at an early age was a struggle, without all the other forms of trauma the children endured. Intergenerational trauma is a sad result of those government decisions.

It was into this world that Elizabeth's co-workers, Meeka, Eelee and Shuvinai, were born. Despite their early educational experiences, they all have spent their lives teaching Inuktitut language and sharing their Inuit culture with today's youth and beyond. They want to ensure that children today never have to experience or endure what they had to in federal day/residential schools. They are survivors on so many levels.

## *Conclusion:*

Wouldn't it be wonderful to present quilts from Mahone Bay Quilters' Guild to these three remarkable women? Our members are extraordinarily generous people; I am confident that many of you will help in completing this challenge.

We hope to officially present the finished quilts via Zoom, so you can share in the moment. The quilts will then be mailed to Meeka, Eelee and Shuvinai.

## **Workshop News**

Thank you to everyone who signed up for the class with Melissa Marginet (Information below). The class is full. If you are interested, I have started a waitlist. Please send me an email at [workshopsMBQG@gmail.com](mailto:workshopsMBQG@gmail.com) to get your name added to the list. If there is enough interest, perhaps we can have her teach the class again. I also want to thank everyone for their support in the workshops that were offered this year.

Alicia



# LEARN & EXPLORE WALKING FOOT QUILTING ZOOM WORKSHOP

with **Melissa Marginet**

Not everyone can afford a longarm quilter or wants to have someone else quilt their quilt, and not everyone enjoys free motion quilting.

In this class, you will make samples of different quilting ideas that can be executed on the home sewing machine with a walking foot! You will look at variations for the designs you stitch out on small quilt sandwiches.

This class is for all levels of Quilters

Based on Melissa's book - Walking Foot Quilting Designs (from Etsy)

Melissa's website: [melissamarginet.ca](http://melissamarginet.ca)

**Zoom Workshop**  
**2 day 3hr**

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**10 - 1 PM**  
**March 10 & 15**  
**2022**

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**35.00 Members**

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**Register**  
by email to  
[workshopsmbgg@gmail.com](mailto:workshopsmbgg@gmail.com)

**Skill Building**

- Walking foot quilting
- Domestic machine quilting
- Getting it finished

**Material List**

Quilt sandwiches – 8"  
(Specifics provided)  
Working domestic machine  
40 or 50wt thread  
Melissa's book  
recommended  
\*More in depth list upon  
registration and guild  
Website

## Quilt Show News

When visiting Cuddle Quilt Day please drop by the Raffle Quilt table to pick up your tickets for the Quilt Show Raffle Quilt if you haven't gotten yours already.

It is our hope that every member will take and sell 4 books of tickets to support the Quilt Show.

Tickets are \$2 each or a book of 3 for \$5.

We will not be mailing tickets out to members, so if you are able to make connections with other members to get your tickets picked up, please let us know.

We will be available at in-person meetings for the remainder of this year, so please stop by to have a look at the gorgeous quilt made by Jill Green and quilted by Colleen Paton.

**Remember the Guild relies on the sale of these tickets to be able to offer workshops.**

## Quilt Show Name

Thanks to everyone for your submissions. Although the name was announced at the February meeting, I thought I would share it here. The Quilt Show will be called "A World of Colour". Congratulations and thanks to Eldora for submitting this name. We have an Avonport \$50 gift certificate for you.

## Quilt Retreat

The Guild is planning another mini Retreat at The Quarterdeck Resort on Summerville Beach from May 3-5. Capacity is 18 people. If you are interested, please contact Pam Wells at [pammied01@gmail.com](mailto:pammied01@gmail.com) for further details. How could you not want to take in a beautiful sunset at the Quarterdeck Resort:





## Quilt Show Boutique

The relaxing of the Covid restrictions is great news for our upcoming Quilt Show! We expect a good turn out and thus big sales in our Boutique.

One of our computer gurus, Jill Green, will be testing our newly created computer system which will track all the items in our sales boutique, by item, by day, by person. I know, it's very exciting! It will mean a quicker turn around on information and outgoing sales remittance cheques to our members. We are also tracking all the "floor quilts for sale".

We have seen some amazing products that are coming to the boutique which we thought we would share with you:

### Eldora Baillie



Scissor Pouch and Dress Form Pin Cushion



Pouches

### Ann Phelan



A zippered bag (ByAnnie pattern)



Scissor pouches

## Sandy Emeneau



Christmas Ornaments



Key Chains

## Tara Lynas



Pillow

We are hoping that you are creating wonderful items to sell in the Boutique. We have more room, much better layout, and excellent lighting. It will be the perfect space to showcase your talents. Please feel free to send us photos of the items you are putting into the Boutique. We will continue to share some of the items in our newsletter.

Keep sewing,

Ann Phelan. [annphelan4@gmail.com](mailto:annphelan4@gmail.com)

Christine Bell. [Dogonit@live.com](mailto:Dogonit@live.com)

## Do you have any empty Aurifil Thread Spools?

Peggy is planning to make some pin cushions for the Boutique, and she is on the hunt for empty Aurifil Thread Spools. If you have any, please keep them for her. Perhaps you can drop them off at Cuddle Quilt Day.



# Cuddle Quilt Day



Join Us:	Saturday, March 26 <sup>th</sup> (10am – 3pm)	
Location:	In-person	Mahone Bay Centre (Large Conference Room #307)
	Online	Zoom (joined virtually to in-person)
Co-ordinator	Tara Lynas	(email) <a href="mailto:TaraLynas@yahoo.ca">TaraLynas@yahoo.ca</a>

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In-Person	Bring your needle and thread, your sewing machine, or your iron.....throughout the day, pick from the following ongoing tasks: work on your own Cuddle Quilt, attaching binding to quilts by machine, hand sewing binding to a donated quilt, or attaching labels. This is a day for us to get together and quilt for a worthy cause. For sure, it will be a day of fun and laughter.
COVID	We will follow prevailing COVID regulations.
Helpers	How would you like to lend a hand to make this all happen? We make sure everything is organized and running smoothly. Help all day, or just half the day. Please email Tara.
Lunch	Please bring your own lunch.
Batting	Batting can be available for pickup. Please email Tara your top measurements to request some.
Quilt Drop Off	We are looking forward to seeing your wonderful Cuddle Quilts. We will put an MBQG label on and make sure your quilt(s) go to a worthy cause.

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**Online:** Or, you can join in from home and finish off your Cuddle Quilt. A link for the Zoom meeting will be emailed to members before the big day.  
And, you can drop off your quilt at an upcoming Guild meeting.

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**Prizes** Did someone say 'prizes'? Yes, there will be some great prizes. Everyone who participates in Cuddle Quilt day will be entered.

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**Need Inspiration?** Checkout the MBQG website for more information [CLICK HERE](#)

# sew zoom



WHAT ARE WE UP TO?.....

Well....Many of us are working on an Elizabeth Hartman quilt pattern.....and she has lots to choose from, for sure. But others just work on their own thing.

Sew Zoom meets every Wednesday afternoon (1-4pm) on Zoom.

By now, you've probably heard about all the great fun and good times we have each week. Spending time with wonderful people and learning all about their quilting tips and tricks. It's a time to relax and enjoy some quilting with friends.

Next up, we will be taking a look at Tula Pink patterns.

If you'd like to give us a try.....signup for our weekly email reminders by emailing us at: [SewZoomQuilting@gmail.com](mailto:SewZoomQuilting@gmail.com)

Sew Zoom is free with your Guild membership.

We hope to see you Wednesday,  
Tara & Peggy

## Quilt Stories

Thanks to the members who sent me their quilt stories. I will share them monthly. There is plenty of time to share your story and picture if you have one. Please email me at [mbqnewsletter@gmail.com](mailto:mbqnewsletter@gmail.com)

Here is a story from Krista:

*Several years ago, I made this baby quilt for our first grandson. I do not have a photo of the actual quilt, but the pattern is called My Three Bears by Janet Pittman (38" x 45"). I did turned-edge hand applique with Minky for the bears' heads (I would not recommend this) and used blue cottons from each grandfather's and the father's shirts for the squares on the blanket. I hand embroidered the bear's facial features and put the baby's initials beside the bear's hand on the top "sheet." Here is the picture of the pattern:*





## Batting Pickup for Cuddle Quilts

The day (Feb 19<sup>th</sup>) was a HUGE success. Which would not have been possible without the generous donation from Avonport Discount Fabrics ([Avonport Discount Fabric Centre | Facebook](#)) and kind support from our members who helped out.

In addition to batting, we gave out more backing fabric for Cuddle Quilts.

And YAHOO to our members who dropped off 18 cuddle quilts already! Each quilt is going to put a huge smile on a lucky person's face.....all thanks to your generosity.

Recently, I heard from our new member Melissa MacNeil. Below, is her wonderful story that tells how much our efforts can do for those in need:

"I'm looking forward to making a quilt. I have worked with Community Services for over 20 years, and I have given one, well more than one of the guild's cuddle quilts to a child at a very difficult time in their life. Also, I had an experience of a family member being given a quilt while in hospice and then the quilt being gifted to the family after their passing. Very cherished quilt.

We just never know the power of kindness and comfort that comes in the form of a quilt. Looking forward to making many cuddle quilts. "

So, a BIG thank you to all members, for your continued support of Cuddle Quilts. You make these cherished moments possible.

Tara

Here are a few photos from the Batting Pickup Day:



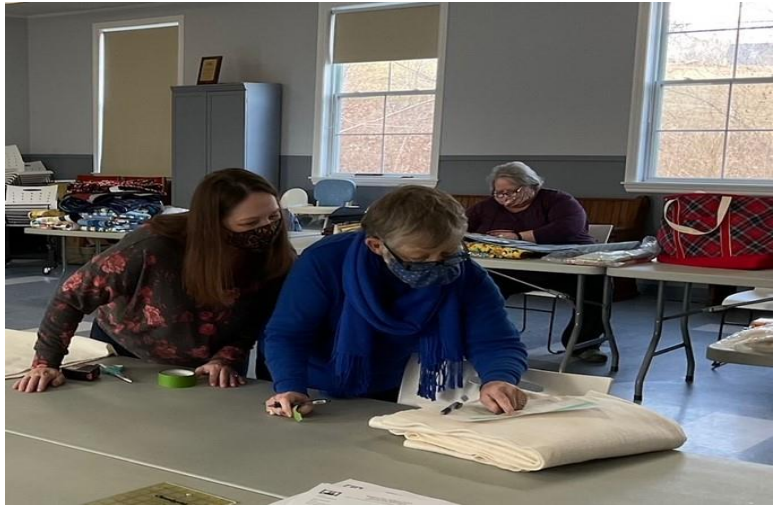
Sandy Emeneau and Gail Stryde with their donations.



Cathie Hutt with her beautiful donation



18 quilt donations and Eldora's kimono quilt top



*Eldora and Cathie hard at work*

Thanks to those who dropped off their donations. As you can see a variety of quilts were received, all different sizes and patterns.

## UFO Zoom Day

We had a fantastic day with helpful demonstrations, lots of laughs, stories shared and wonderful prizes. The day was well organized and over 30 members attended. Many of the members also finished a UFO or two. We may do it again. Here are a few pictures from the event:



*Some of the attendees*



*Judy showing her Christmas Trees*





*Colleen demonstrating the thread catcher made from a Pringles container*

## Collapsible Thread Catcher Information

This is a fun and easy project and is now an essential part of my sewing kit. It all starts with a can of Pringles - how many quilt projects start with a snacking session?

Colleen

<https://fabrictherapy.blogspot.com/2015/02/a-tutorial-sweetest-little-thread.html>

<https://m.youtube.com/watch?v=fbOfInoEYLc>

## Raw Edge Applique

Jill Green gave a great presentation at the UFO day and she shares the link that she recommends for learning how to attach blocks in the quilt as you go method

<https://www.youtube.com/watch?v=BlfJYoKN65g> The presentation is attached as a PDF document.

## Canadian Online Quilt Shops

What is your favourite Canadian online quilt shop? I have shopped at Hamels in British Columbia. I thought it would be nice to have a list in one place. It might save you time looking and give you more time sewing. (It might be hard on the bank account though) Please send me the link to or the name of your favourite shop and I will create a list and share it in an upcoming Newsletter.

Here are a few to get us started:

<https://www.hamelsfabrics.com/>

<https://birdieanddotfabrics.ca/>

<https://sunshineandpeony.com/>

## CQA Corner

If you are running out of quilting projects to do why not consider some of the CQA/ACC activities to keep you busy. You can check all their activities such as Trendtex Challenge, Youth Challenge, the 2022 Quilt Along and information about Quilt Canada 2022 at <https://canadianquilter.com/>

## Free Pattern

For those of you who celebrate St. Patrick's Day:

<http://quiltinspiration.blogspot.com/2017/03/free-pattern-day-st-patricks-day.html>

For those of you who always wanted to make a black and white quilt:

<http://quiltinspiration.blogspot.com/2018/03/free-pattern-day-black-and-white-quilts.html>

## Quilt Game

Thanks to everyone who submitted your answers last month. The winners were Marilyn Verburgh and Heather McEwan. I will have your prizes at the Cuddle Quilt Day in March.

Stay tuned to the April Newsletter for the next game.

### Your laugh for this Month:



## Newsletter Submissions

Here are the deadline dates. There are only 3 more months left to get your ideas/stories shared. I would love to hear from you.

Meeting Date	Deadline	Distribution
April 4, 2022	March 26, 2022	March 31, 2022
May 2, 2022	April 23, 2022	April 28, 2022
June 6, 2022	May 28, 2022	June 2, 2022